

Prayer Journal

What's your part in God's story?



called.

INTRODUCTION

Jesus invites each of us to follow him, serve him, and live for him – an adventure of discovering God's call on our lives.

He calls us to use our lives and gifts in his service. This calling is not just individual – we are called together as the Church, one body with many parts, each with a part to play in God's story.

God sends us out to share in his work of healing, restoring, and transforming the world – in churches and chaplaincy, with children and young people, in schools, on estates, in workplaces, neighbourhoods, and communities.

We often call this 'vocation' – the lifelong journey of discovering how you and your gifts can play a full part in fulfilling God's purposes in the Church and the world.

Wherever you are on that journey, this is a place to begin exploring and prayerfully seeking God's will for your life.

PRAYER 1

Lord Jesus,
I give you my body, my soul,
my substance, my fame, my friends,
my liberty, and my life:
dispose of me, and of all that is mine,
as it seems best to you, and to the
glory of your blessed Name.

Lord,
I ask, and dare to pray...
Here I am, send me.
Amen.

(Bishop John Cosin, A Collection of Private Devotions)

PRAYERS & REFLECTIONS

PRAYER 2

Almighty God,
author of my life,
help me learn to read what
you have written on my heart.
Give me discerning eyes
and an untiring spirit to look
within myself in order to understand
how to respond to your call.
And once I have begun to read you aright,
give me the generosity
to help others to read you,
that they in turn may offer
themselves in Your service.

Lord,
I ask, and dare to pray...
Here I am, send me.
Amen.

(anonymous)

PRAYERS & REFLECTIONS

PRAYER 3

God our Father,
you have a plan for me,
you hold out for me a future full of hope.
Give me the wisdom of your Spirit
so that I can see the shape of your plan
in the gifts you have given me,
and in the circumstances of my daily life.
Give me the freedom of your Spirit,
to seek you with all my heart,
and to choose your will above all else.

Lord,
I ask, and dare to pray...
Here I am, send me.
Amen.

(Carmelite Sisters of the Divine heart of Jesus)

PRAYERS & REFLECTIONS

PRAYER 4

Most High, glorious God,
enlighten the darkness of my heart,
and give me right faith,
certain hope,
and perfect charity,
wisdom and understanding,
Lord, that I may carry out
your holy and true command.

Lord,
I ask, and dare to pray...
Here I am, send me.
Amen.

(St. Francis – Prayer of Discernment said Before the Crucifix)

PRAYERS & REFLECTIONS

PRAYER 5

Father,
I abandon myself into your hands;
do with me what you will.
Whatever you do may I thank you:
I am ready for all, I accept all.
Let only your will be done in me,
and in all your creatures.
I wish no more than this, O Lord.
Into your hands I commend my soul:
I offer it to you with all the love of my heart,
for I love you, Lord,
and so need to give myself to you,
to surrender myself into your hands,
without reserve and with
boundless confidence,
for you are my Father.

Lord,
I ask, and dare to pray...
Here I am, send me.
Amen.

(Charles de Foucauld, "Prayer of Abandonment.")

PRAYERS & REFLECTIONS

PRAYER 6

**Almighty God,
you have entrusted to your Church
a share in the ministry of your Son
our great high priest:
inspire by your Holy Spirit the hearts of
many to offer themselves for the ministry
of your Church,
that strengthened by his power,
they may work for the increase
of your kingdom
and set forward the eternal praise
of your name;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.**

PRAYERS & REFLECTIONS

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 THE CHURCH
OF ENGLAND

Called: Prayer Journal

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