

CONNECTING

Being still amid ordinary life

Soulspace

Connecting to one another

Time to focus.

A moment of honesty (or Confession)

Owning our mistakes.

Making spiritual connections

Reflection based on a reading, a photo or a poem.

If you're meeting for longer, there may be time for sharing thoughts.

Sharing our belief

Words to mark where we are on the journey.

Connecting with the world

Seeking the best for others.



Holy Communion

Sharing bread and wine - symbols that remind us Jesus died for us.

Conclusion

See you next time

