

Take Away Sheet – for you to keep

The GraveTalk session aims to encourage us to consider death, an aspect of our lives we may not always like to think about. Having the opportunity to talk about death, dying and funerals should help us to carry on thinking about it and the following questions may help you to shape what will be one of the most significant event of our lives for ourselves and others. You may like to make some notes after each question to assist you.

1.	What was	, for you,	the most	significant	part of t	he conver	rsations	during	our
G	raveTalk se	ession?							

2. Are there any matters you would like to explore further? Or is there
something in particular about which you would you like to find out more
about?

- 3. Are there any practical things you need to do?
- 4. If now or later, you need to discuss anything further, can you identify the most appropriate person for you to talk to?